



Fall 2019 K-Ball & T-Ball Coach's Packet

Stillwater Area Sports Assoc. (SASA)
315 E. 9th Ave
Stillwater, Ok 74074
Phone: (405) 533-2532
Fax: (405) 533-2538

Executive Director
Carolyn Walstad
Carolyn@StillwaterAreaSports.com

Operations Director
Jared Szlichta
SASABaseball@StillwaterAreaSports.com

SASA RAINOUT INFO
(405) 533-3753

You can also sign up to have rainout info emailed to you.
www.stillwaterareasports.com



Thank you for coaching! Please let SASA know at any time if we can be any assistance or if you are having a parent issue.

We cannot guarantee all schedule requests; however, we will do our very best! We would encourage every team to have a named assistant coach to take over in the event you cannot be at practice or a game. Thank you for your cooperation!

Things to turn into Carolyn ASAP.

1. Coaches Information Sheet (*This sheet*)
2. Coaches Code of Ethics
3. OSBI Back ground form- SASA pays the fee
4. A signed copy of your team roster

Coaches Information (*All league info will be sent to email address or cell# listed below*)

Head Coaches Name: _____

Coaches Cell: _____

Coaches Email: _____ @ _____

Division Coaching:

- ☐ K-Ball ☐ T-Ball ☐ 8U CP Baseball ☐ 10U Baseball ☐ 12U Baseball ☐ 14U Baseball
☐ 8U Softball ☐ 10U Softball ☐ 12U Softball

Days that you are **NOT** available to play games: M Tu Wed. Thurs. Fri. Sat.

Are you a HEAD coach of any other team in the SASA League this season? Y or N

If yes, which division? _____

Any concerns or conflicts SASA should be aware of?

Stillwater Area Sports Assoc. Coaches Code of Ethics Agreement

Prior to participating as a coach in any Stillwater Area Sports Association (SASA) related activity, I agree to encourage, demand, exemplify and abide by the following:

1. I accept the duty the duty and obligation to report any known illegal or unethical conduct by any coach, assistant coach, officer, official, spectator, board member or director.
2. I will comply with all SASA rules, bylaws, certifications, regulations and decisions as well as all applicable governmental rules, regulations and laws. I understand that I may request a copy of the SASA articles and bylaws, or review them during regular business hours at the SASA office, and agree to be bound thereby.
3. I agree to ensure that every participant has completely complied with the registration process including completion of all registration forms, waivers, and payment or fees.
4. I will strive to exemplify and instill in my participants that while winning may be an immediate objective, it is secondary to fairness, honesty, integrity, sportsmanship, strength of character, and participation.
5. I will encourage and maintain an optimum sports environment for participants.
6. I will (a) provide a drug free environment; (b) provide conditioning and training instruction to optimize safety and health while minimizing injury; (c) provide equal opportunity for each participant to engage in any SASA activity; (d) provide positive encouragement to each and every participant regardless of race, color, creed, gender, religious orientation, disability, inability, parental influence or economic status.
7. I will require parents and associated spectators to conduct themselves in a manner consistent with the purpose and aims, while also leading by example.
8. I acknowledge and agree that SASA has complete and absolute discretion as to whether an individual is qualified to be a coach in SASA's sports leagues. I understand that before a final decision is made by SASA as to my qualifications to be an SASA coach or any other requirements are imposed for me to be an SASA coach, I will be given an opportunity to present my position on the matter to the SASA board. However, I agree that any decision made by the SASA Board shall be final and I agree to be bound by and follow any such decisions by SASA.

WHEN YOU SIGN THIS AGREEMENT, YOU ARE CERTIFYING THAT YOU HAVE READ AND UNDERSTOOD EACH ITEM, AND YOU ARE VOLUNTARILY WAIVING ANY CLAIM YOU MAY HAVE AGAINST SASA OR THE CITY OF STILLWATER IN THE EVENT YOU ARE SANCTIONED AS A RESULT OF ANY VIOLATION OF THE TERMS OF THIS AGREEMENT. YOU ARE AGREEING TO FOLLOW ANY RULING OF THE SASA BOARD WITH REGARD TO YOUR QUALIFICATIONS TO BE A COACH IN ANY SASA SPORTS PROGRAM.

(PLEASE SIGN BELOW)

PRINT NAME: _____

SIGNATURE: _____ DATE: _____



SASA Coaching Approvals & Background Check Policy

In effort to ensure that the safety of participants, Stillwater Area Sports Association (SASA) shall perform an OSBI background check on all potential youth coaching candidates. In addition, potential coaches shall provide Two (2) personal character references that we may also contact. The results of the background and reference checks may disqualify an individual from coaching youth for any SASA youth activities.

Stillwater Area Sports Association (SASA) Coaching Disqualifiers

1. Criminal Background Checks that reveal the following:
 - a. Any Sex Offenses – regardless of the amount of time since offense.
 - b. Any Felony Violence – regardless of the amount of time since offense.
 - c. Any Felony offenses other than violence or sex – within the past 10 years.
 - d. Any misdemeanor violence offenses – within the past 7 years.
 - e. Any misdemeanor drug and alcohol offenses – within the past 3 years, or multiple offenses in the past 10 years.
 - f. Any other misdemeanor – within the past 5 years that would be considered a potential danger to children.
2. An applicant provides inaccurate information in their application.
3. Applicant refuses to complete screening process.

SASA maintains the discretion to allow or disqualify an individual to coach based on results of the background check, reference check, or previous complaints from parents, coaches, umpires, etc.

*If you have any concerns or questions; please contact Carolyn at (405) 533-2532 or
Carolyn @stillwaterareasports.com*

OKLAHOMA STATE BUREAU OF INVESTIGATION

Criminal History Record Information Request

6600 North Harvey Place
Oklahoma City, OK 73116
(405) 848-6724
(405) 879-2503 FAX

http://www.ok.gov/osbi/Criminal_History/

Type Of Search Requested:

- ☒ Name Based - \$15.00
☒ Sex Offender - \$2.00
☒ Mary Rippy Violent Offender - \$2.00
☐ State Fingerprint-based - \$19.00
* Must provide fingerprint card.
* Includes name based search.

DATE _____

Request Submitted via:

☐ Fax ☐ Mail ☒ In Person

**REQUESTS WILL BE RETURNED
IN THE MANNER RECEIVED.**

Mail requests should include postage-paid reply envelope.

Fax requests must include payment by credit card and a
dedicated Fax Phone Line for return of completed search:

() _____

ACCEPTABLE FORMS OF PAYMENT: ☐ CASH ☐ CASHIER'S CHECK / MONEY ORDER

☒ BUSINESS CHECK *No Personal Checks Accepted.* ☐ CREDIT CARD *For Visa, MasterCard and Discover, security code is 3 digits on back of card.
For Amex, security code is 4 digits on front. These are the only cards accepted.*

CREDIT CARD # _____ EXPIRATION DATE _____ SECURITY CODE _____

CARD HOLDER _____

Please print the name of the individual card holder as it appears on the credit card.

CARD HOLDER SIGNATURE (REQUIRED) _____

REQUESTOR INFORMATION: (Type or print clearly in blue or black ink)

REQUESTOR'S NAME Carolyn Walstad _____

SIGNATURE OF REQUESTING PARTY _____

STREET ADDRESS 315 E. 9th Ave. _____

Stillwater Ok 74074

CITY

STATE

ZIP

PHONE NUMBER (405) 880-3943 E-MAIL ADDRESS carolyn@stillwaterareasports.com

Requestors outside of the United States are strongly encouraged to provide an e-mail address for purposes of correspondence.

PURPOSE OF REQUEST Background Checks for Volunteer Rec. Sports Coaches

SUBJECT INFORMATION: (Type or print clearly in blue or black ink)

Forms with corrections done with white out or by striking through the fields in this section will not be processed.

NAME _____

LAST

FIRST

MIDDLE

ALIAS/MAIDEN NAME(S) _____

DATE OF BIRTH _____ (MM/DD/YYYY). *If date of birth is unavailable, include exact age of subject.*

RACE _____ SEX _____ SOCIAL SECURITY NUMBER _____

SEARCH RESULTS (Please do not write in the spaces below):

Oklahoma State Bureau of Investigation
Computerized Criminal History

Oklahoma Department of Corrections
Sex Offender

Oklahoma Department of Corrections
Violent Offender

Unless fingerprint cards are provided, record information is furnished solely on the basis of name or description similarity with the subject of your inquiry.

SASA- Stillwater Area Sports Association

YOUTH Kball/Tball SHIRT ORDER FORM

MUST BE TURNED INTO SASA OFFICE BY Monday, August 26th

COACHES NAME: _____ **CELL:** _____ **DIVISION:** _____

Office hours are 9:00-2:00 Monday-Friday. Colors are chosen by first turned in basis. If sizes and color request aren't turned in by 8-26-19; SASA cannot guarantee t shirts by your team's first game.

Shirt Color Options:

| | | | | |
|--------------|--------------|--------------|---------------|---------------|
| Ash Grey | Candy Pink | Black | Cardinal Red | Carolina Blue |
| Charcoal | White | Coral | Yellow | Neon Yellow |
| Gold | Clover Green | Sangria Pink | Sapphire Blue | Red |
| Orange | Neon Orange | Sporty Grey | Steel Blue | Royal |
| Purple | Neon Green | Kelly Green | Lime | Navy |
| Forest Green | Aquatic Blue | Neon Blue | Brown | Garnet |

1st CHOICE: _____ 2nd Choice: _____ 3rd Choice: _____

(2) Coaches Shirts are Covered by SASA: Parents can purchase t shirts for \$12. Payment must be collected at the time of ordering.

| SIZES | TEAM TOTAL SHIRTS NEEDED |
|----------------------|---------------------------------|
| Youth X Small (2-4) | |
| Youth Small (6-8) | |
| Youth Medium (10-12) | |
| Youth Large (14-16) | |
| Adult Small | |
| Adult Medium | |
| Adult Large | |
| Adult XLarge | |
| Adult XX Large | |

COACHES SHIRT SIZES: 2 Per Team Not Included in the Above Totals _____

Parent Tshirts \$12 \$15 for XXL OR XXXL

| |
|----------------------------------|
| Adult Small |
| Adult Medium |
| Adult Large |
| Adult XLarge |
| Adult XX Large (additional \$2) |
| Adult XXX Large (additional \$2) |

Amount Collected for parents shirts: _____

Date Turned Into Office: _____ Received by: _____



Park Rules for all SASA Sponsored Events (Games and Practices)

- ~ No Tobacco products of any kind.
- ~ No pets.
- ~ No outside food or drink (water is okay)*
- ~ No alcohol.
- ~ No profanity.
- ~ No soft toss into fences or backstops.
- ~ Pre-game practice in warm up areas and outfields only; Not common areas.
- ~ Parents are required to supervise the children in which they are responsible for at all times when in the facility(s).
- ~ No skateboards, bikes, rollerblades, scooters.
- ~ No climbing over fences to enter a closed facility(s).
- ~ Each team is expected to clean up the facility after they use it (dugouts, fields, fence lines).

* SASA will provide discounted pricing on team drinks and snacks (10 or more) at the concession stand.

**If you would like to bring team drinks or snacks please leave them in the parking lot and distribute them outside of the complex. The purpose of this request is to reduce the loose trash inside of the ballparks.

PLEASE NOTE: If a parent or spectator refuses to follow the park rules, they will be removed from the complex immediately. If this non-compliant behavior happens repeatedly the parent and subsequently the player can both be banned from participation by the SASA Board of Directors.



Little League Baseball

Program Organization and Administrative Personnel

The SASA Rec. Baseball Program shall be operated under the direction and supervision of the SASA Directors and their staff, all of whom are employed by SASA. **The final decision(s) on anything covered or not covered in this rule book will be made by the SASA Board of Directors and/or its representatives. Be it understood that by registering for this program, you accept the purpose, direction and philosophy of the program.**

Liability

The program directors, umpires, sponsors, coaches, managers, scorekeepers or any other supervisory personnel are not responsible for injuries to persons or damages to property. This is entirely the responsibility of persons participating such as: players, coaches, managers, parents, and spectators – all of whom participate at their own risk.

Purpose

The general purpose of the SASA Rec. Baseball Program is to provide a common interest in sportsmanship, fellowship, skill improvement and physical fitness: to bring area youth closer together through the means of recreational competition: and to keep the welfare of the youth first and foremost.

Specific purposes are:

1. To promote safety first by encouraging only programs with strict controls over ages and equipment.
2. To acquaint each and every player with such baseball fundamentals as hitting, fielding, running bases, throwing mechanics and physical fitness.
3. To inspire players in good habits such as sportsmanship, fellowship and respect for coaches and umpires.

Philosophy

The established philosophy of the SASA Board of Directors is that all participants enrolled in youth sports have the guaranteed right to play in every game regardless of skill level. As a result of this guiding philosophy, rules and regulations governing play, eligibility, and sportsmanship have been developed. It is always the duty of the coach to inform SASA of adverse conduct or situations.

It has been the philosophy of SASA to provide a recreational based youth league program for the players of all age groups. SASA will provide this recreation program under the following guidelines:

1. That every participant is able to play and will be allowed to have fun.
2. SASA will provide a recreational program for which the main concern is fun for all players.
3. SASA will make every attempt to provide equity of play by dividing ability levels into several classifications.

Ethics & Sportsmanship During SASA Sponsored Events

Coaching Ethics

A baseball coach, by example of his/her behavior. Affects hundreds of youngsters in the City of Stillwater, as well as the entire baseball/softball program. A coach should:

1. Keep winning and losing in its proper perspective. Stress effort rather than winning and losing.
2. Be considerate of player's feelings and exhibit self-control at all times.
3. Show respect for opposing players, coaches and fans.
4. Cooperate with officials and treat them with respect.
5. Make sure that all players get in the game at least one inning (defense).
6. Allow the players to have fun.
7. Teach players fundamentals.
8. Teach players sportsmanship.

A Coach shall refrain from:

1. Use of alcohol and/or participating in team functions (games or practice) under the influence of alcohol or having alcohol on their breath.
2. Use of tobacco products of any kind while in the presence of players (Games and practice).
3. Bawling out players on the field.
4. Baiting officials or disrupting their decisions on the field.
5. Riding the opposition or fans by word or gesture.

NOTE: The player's safety and well-being should be any coaches main concern at all times. Injured players should not be allowed to re-enter the game where they could risk further injury.

Sportsmanship

1. Poor sportsmanship and/or foul language will not be tolerated. Any derogatory remarks to officials, opposing coaches, fans, or players can result in suspension from play or forfeiture of the game.
2. Umpires are tasked with keeping the peace to allow the kids to compete in a recreational atmosphere. If you are interfering with this atmosphere the umpire(s), site director or SASA Management will remove you.
3. **Any coach/fan/parent ejected from a SASA event (games or practices) must leave SASA property immediately and may not re-enter SASA property for the remainder of the day. Additionally, the ejected coach/fan/parent will not be allowed to attend/participate (suspended) in the next game. Ejected coaches/fans/parents may petition to the SASA Board of Directors through the Grievance Chair to have their suspension nullified.**
4. **Repeated ejections or acts of poor sportsmanship and/or use of foul language could result in suspension or removal from all SASA programs for the remainder of the calendar year.**



T-Ball Specific Rules

Participation

10 players are allowed to take the field in defensive positions. Only 6 players are allowed inside of the baseline (on the infield) prior to each attempted swing.

Length of Games

T-Ball 55Mins or 4 innings

*Games can end in a tie; no extra innings will be played.

**Umpires will keep official game time.

*A new inning begins as soon as the 3rd out is called on the bottom half of the previous inning.

**There will be a 10-minute grace period given to a team that is waiting on players to arrive to complete their line-up. Each team must have a minimum of 8 players to start a game.

Per Inning Run Limits

T-Ball – 7 Runs per offensive inning.

Base Distances and Field Markings

65ft bases.

A batted ball must travel outside of the Homeplate dirt area to be a fair ball.

No defensive player may begin a swing within the 30ft safety arc.

Official Baseball

Game balls will be provided by SASA. The following baseballs or equivalent will be provided:

~ K & TBall will use a 9" safety ball or equivalent. (Rawlings TVB)

Uniforms

Color coordinated T-Shirt jerseys with numbers on back will be provided to T-Ball players. Baseball pants or shorts are allowed. Cleats are preferred but not mandatory.

Home Team

The home team shall be designated by a coin flip before each game.

Helmet Rule(s)

-Hitters - Helmets are to stay on at all times while an offensive player (hitter or runner) is outside of his/her respective dugout.

-Catchers –T-Ball catcher shall wear a catcher's helmet with facemask or a batting helmet with an affixed facemask (softball helmet).

Bad Weather

A game is considered final if 2 or more innings have been completed before it is called due to weather. If less than 2 full innings have been completed before the postponement the game will be resumed at a later date.

Practice

1. All practice times on fields/facility(s) owned by the City of Stillwater are to be coordinated through SASA officials.
2. **Helmets at Practices... If bats are being swung all kids in the area must have a helmet on. If bats are taken out of bags put helmets on kids.**



T-Ball

Offensive Rules

1. A batting order is to be established prior to the start of each game. The offensive team is to bat in order until either 3 outs are recorded or 7 runs are scored per half inning.
2. Each batter will be allowed only 3 strikes. Batters may not strikeout on a fouled ball or hit tee.
3. The coach is responsible for positioning the tee height according to each of his/her batters. The coach is also responsible for placing the ball on the T for his/her batters.
4. Once the ball is placed on the T and the defense is ready for play the umpire will call "Play Ball" and the batter can proceed to strike the ball.
5. The ball will be considered live if any part of the hitter's bat strikes the ball causing it to go further than the painted line marking the dead ball zone (5ft). In the absence of a painted line dead ball zone will be denoted by the grass line outside of the dirt Homeplate circle in fair ground. Striking the T causing the ball to fall off does not constitute a live ball but will be counted as a strike.
6. Bunting is not allowed.
7. The coach assisting his/her players in batting is responsible for removing the T from the home plate area when a play at home plate is possible. Failure to remove the T will result in a safety hazard for the players and will result in the runner scoring from 3rd being called out. All other results of the play will stand.
8. All runners including the batter may advance a max of 1 base (regardless of overthrows) on batted balls that do not go further than the back lip of the infield prior to being touched. Runners may advance a max of 2 bases (regardless of overthrows) on batted balls that travel past the back lip of the infield prior to being touched. This will be denoted by the umpire as soon as the ball leaves the dirt infield.
9. Base runners are not allowed to lead off or steal bases.

Defensive Rules

10. Only 10 players will be allowed to play defense at the same time. 2 defensive coaches are allowed in the field to assist players with defensive placement and attention. (1 coach on the right side of the infield and 1 on the left).
11. Only 6 players will be allowed on the infield (in front of base lines) all other players must play behind the baselines as outfielders.
12. Safety Arc: There shall be a thirty (30) foot arc drawn from (1st) baseline to third (3rd) baseline in front of home plate. Infielders must stay behind this line until the ball is hit. In the absence of a painted line defensive players must stay the same distance away as the dirt area in front of the pitcher's rubber before the ball is hit.
13. Pitchers must have 1 foot in contact with the dirt area around the pitcher's mound before each attempt to strike the ball by the batter.
14. Outfielders must begin each attempted swing behind the baselines.
15. Defensive players may not interfere with baserunners attempting to advance to the next base. When interference is called the runner will be awarded the base they are attempting to advance to.



K-Ball Specific Rules

Participation

All players are allowed to take the field in defensive positions with their helper. Only 6 players are allowed inside of the baseline (on the infield) prior to each attempted swing.

Length of Games

K-Ball 2 Full innings

Per Inning Run Limits

K-Ball – Runs are not recorded. Entire roster bats regardless of outs or runs. Baserunners will not leave the base when an out is made.

Base Distances and Field Markings

65ft bases.

A batted ball must travel outside of the homeplate dirt area to be a fair ball.

No defensive player may begin a swing within the 30ft safety arc.

Official Baseball

Game balls will be provided by SASA. The following baseballs or equivalent will be provided:

- ~ 3-6 year olds must use a 9" safety ball or equivalent. (This softcore ball is soft when squeezed/compressed)

Uniforms

Color coordinated T-Shirt jerseys with numbers on back will be provided to K-Ball players. Baseball pants or shorts are allowed. Cleats are preferred but not mandatory.

Home Team

The home team shall be designated by a coin flip before each game.

Helmet Rule

-Hitters - Helmets are to stay on at all times while an offensive player (hitter or runner) is outside of his/her respective dugout.

-Catchers – K-Ball and T-Ball catcher shall wear a catcher's helmet with facemask or a batting helmet with an affixed facemask (softball helmet).

Bad Weather

A game is considered final if 1 or more innings have been completed before it is called due to weather. If less than 1 full inning has been completed before the postponement the game will be resumed at a later date.

Practice

3. All practice times on fields/facility(s) owned by the City of Stillwater are to be coordinated through SASA officials.
4. **Helmets at Practices... If bats are being swung all kids in the area must have a helmet on. Ie if bats are taken out of bags put helmets on kids.**



K-Ball

Offensive Rules

1. A batting order is to be established prior to the start of each game. The entire roster of players will be allowed to bat in continual series regardless of the # of outs or runs scored.
2. The coach is responsible for positioning the tee height according to each of his/her batters. The coach is also responsible for placing the ball on the T for his/her batters.
3. Once the ball is placed on the T and the defense is ready for play the umpire will call "Play Ball" and the batter can proceed to strike the ball.
4. The ball will be considered live if any part of the hitter's bat strikes the ball causing it to go further than the painted line marking the dead ball zone (5ft). In the absence of a painted line dead ball zone will be denoted by the grass line outside of the dirt Homeplate circle in fair ground. Striking the T causing the ball to fall off does not constitute a live ball but will be counted as a strike.
5. Bunting is not allowed.
6. The coach assisting his/her players in batting is responsible for removing the T from the home plate area when a play at home plate is possible.
7. All runners including the batter may advance a max of 1 base (regardless of overthrows) on all batted balls.
8. Base runners are not allowed to lead off or steal bases.

Defensive Rules

9. The entire roster of players will be allowed to play defense at the same time. Coaches & helpers (1 adult per player) are allowed in the field to assist players with defensive placement and attention.
10. Only 6 players will be allowed on the infield (in front of base lines) all other players must play behind the baselines as outfielders.
11. Safety Arc: There shall be a thirty (30) foot arc drawn from (1st) baseline to third (3rd) baseline in front of home plate. Infielders must stay behind this line until the ball is hit. In the absence of a painted line defensive players must stay the same distance away as the dirt area in front of the pitcher's rubber before the ball is hit.
12. Pitchers must have 1 foot in contact with the dirt area around the pitcher's mound before each attempt to strike the ball by the batter.
13. Outfielders must play behind the baselines.